

40 Reasons To Be Happy

Happy People:

1. Are More Productive
2. Are Healthier
3. Are Fun to be Around
4. Think Clearly
5. Make Better Decisions
6. Make Decisions Quickly
7. Correct Bad Decisions and Move Forward
8. Enjoy More Success in Life
9. Experience a Better Quality Life
10. Have Better Problem Solving Skills
11. Maintain a Well-balanced Lifestyle
12. Have Great Social Lives
13. Know Their Purpose in Life
14. Are Energetic
15. Are Creative
16. Are Trusting
17. Have Positive Self-Image
18. Are Responsive
19. Keep Friends
20. Make Friends Quickly
21. Make Good Leaders
22. Feel Good on the Inside
23. Live Longer
24. Have Successful Relationships
25. Endure Pain Better
26. Endure Sad Times Better
27. Have Happy Families
28. Have Self Control
29. Have Higher Job Productivity
30. Receive Higher Pay
31. Have Less Depression
32. Handle Stress Better
33. Have Better Comprehension Skills
34. Make Others Feel Important
35. Think Positively
36. Act Positively
37. Are Winners
38. Have Goals
39. Encourage Others
40. Are Team Players